


**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**

A variety of Fresh Fruits and Vegetables offered daily.

**1**  
Winter Break  
No School

**2**  
Winter Break  
No School

**3**  
Winter Break  
No School

**6**  
Bean Burrito  
Chips & Salsa  
Salad Bar  
Fresh Fruit  
Milk

**7**  
Whole Grain  
Cheese Pizza  
Salad Bar  
Fresh Fruit  
Milk

**8**  
Taco  
Meat or Vegetarian  
Spanish Rice  
Salad Bar  
Fresh Fruit  
Milk

**9**  
Teriyaki Chicken and  
Rice  
Teriyaki Veggie Patty and Rice  
Salad Bar  
Fresh Fruit  
Milk

**10**  
Mini Corn Dogs  
or Yogurt  
Cheez It's  
Salad Bar  
Fresh Fruit  
Milk

**13**  
Chicken Nuggets  
or Yogurt  
Rice  
Salad Bar  
Fresh Fruit  
Milk

**14**  
Frito Pie  
Meat or Vegetarian  
Salad Bar  
Fresh Fruit  
Milk

**15**  
Fish Sticks or  
Egg Salad Sandwich  
Fries  
Salad Bar  
Fresh Fruit  
Milk

**16**  
Hot Dog or  
PB & J Sandwich  
Vegetarian Beans  
Salad Bar  
Fresh Fruit  
Milk

**17**  
BBQ Chicken Sandwich  
or Cheese Sandwich  
Cole Slaw  
Salad Bar  
Fresh Fruit  
Milk

**20**  
No School  
MLK Jr. Day



**21**  
Corn Dog or  
Yogurt  
Goldfish Crackers  
Salad Bar  
Fresh Fruit  
Milk

**22**  
Chicken Fajitas or  
Cheese Quesadilla  
Salad Bar  
Fresh Fruit  
Milk

**23**  
Beef Chili or  
Vegetable Chili  
Corn Muffin  
Salad Bar  
Fresh Fruit  
Milk

**24**  
Chicken Burger or  
Vegetable Burger  
Fries  
Salad Bar  
Fresh Fruit  
Milk

**27**  
Cheesy Breadstick  
w/ Pizza Sauce  
Salad Bar  
Fresh Fruit  
Oatmeal Cookie  
Milk

**28**  
Nachos Grande  
Meat or Vegetarian  
Salad Bar  
Fresh Fruit  
Milk

**29**  
Chicken Pizza Sandwich  
or Cheese Sandwich  
Macaroni Salad  
Salad Bar  
Fresh Fruit  
Milk

**30**  
BBQ Pork Sandwich  
or Egg Salad Sandwich  
Cole Slaw  
Salad Bar  
Fresh Fruit  
Milk

**31**  
Cheeseburger or  
Vegetable Burger  
Fries  
Salad Bar  
Fresh Fruit  
Milk

National School Lunch Program-Food Based  
Offer Vs. Serve

Meal Components: Milk-Fruit-Vegetable-Grain-Meat/Meat Alternate.  
Students must take 3 components of which 1 must be either of ½ cup fruit or vegetable. An entrée may consist of 2 components. Example: Hamburger meets 2 components; grain and meat/meat alternate.

Menu Subject to change  
without notice

This Institution is an equal  
opportunity provider and employer

